

# Feeling sick, stressed or depressed? *We can help!*



***You are important to us, and you are not alone. When you're sick or dealing with stress, depression or anxiety, we are here for you.***

***These services are available **free** to all Bryan College of Health Sciences students.***

## MENTAL HEALTH SERVICES

### **In-person and virtual care/treatment with Bryan Psychiatry**

- Appointments available to meet your needs
- Medication management
- Evaluate need for counseling, and help find services if needed

### **Bryan Psychiatry**

Our highly skilled psychiatrists and psychiatric advance practice providers offer outstanding assessment, diagnosis and treatment while being both caring and compassionate to work with you toward better mental health.

### **Schedule your appointment**

- Call 402-483-8555
- Let them know you are a Bryan College of Health Sciences student
- Office is at 2221 S. 17th St., Suite 310

If you are in a crisis situation, please contact the Suicide Prevention Hotline Resource for information on local services to help you:

- Call 800-448-3000
- Text VOICE to 20121



## VIRTUAL URGENT CARE

### **Online care through Bryan Health ezVisit**

- Talk to a doctor by video or phone 24/7/365
- Receive diagnosis and treatment plan, including prescriptions if needed
- Translators for multiple languages; access for hearing impaired

### **Conditions we treat include:**

- Cold, cough, sore throat
- Flu symptoms and fever
- Bladder infection (UTI)
- Low back pain
- Seasonal allergies
- Rash
- Cold sore, canker sore, fever blisters
- Eye conditions – stye, pink eye
- Yeast infections
- Toothache
- Sinus infection

### **Get care anytime, anywhere**

- Two options:
  - **Go to:** [bryanhealth.org/ezvisit](https://bryanhealth.org/ezvisit)
  - **Get the App:** available in the Apple App Store or Google Play, search for Bryan Health ezVisit



- Enter promo code to waive fee - *found in Student Portal*